BOROUGH OF CONSHOHOCKEN EMERGENCY MANAGEMENT



Emergency Preparedness

BE INFORMED

Be aware of the Borough of Conshohocken's Emergency alert capabilities and your alternatives for monitoring emergency information.

- ·Borough of Conshohocken website and social media outlets
- Emergency Alert System CodeREDColonial School District
- ·Montgomery County
- •News media sources, local radio, cable, or television stations

REACHING OUT

For assistance, contact an Emergency Management team member at 484-243-6069

Z Raymond Sokolowski, Exec. Dir. of Operations | Emergency Management Coordinator | BCO

David Lennon, Police Sgt. | Deputy Emergency Management Coordinator

Steve Young, Battalion Chief | Deputy Emergency Management Coordinator

Bobbi Jo Myrsiades, Operations Administrative Assistant



POLICE POLICE









OVERVIEW

Why Prepare for Disasters

Disasters can strike without warning, forcing you to go for days without necessities or to evacuate your home. Relief workers will be on the same scene following a disaster but may not be able to reach you immediately.

Creating a Basic Plan

Knowing the steps to take during a disaster can greatly reduce the danger and distress your family may face. Your emergency plan should accommodate any unique needs related to family, pets, infants, children and any family members with health, disability, or mobility concerns.

Disaster Supply Kit

If there is an emergency in our area, you might not be able to get food, water, and other necessities you need. That is why a key action for preparedness is to make an emergency supply kit and keep it readily available in your home.

Types of Emergencies likely to occur



SEVERE WEATHER

Hurricanes, tropical storms, extreme heat and winter storm events

Severe weather conditions can occur year-round in our geographic area and can often be quite destructive. A hurricane, like IDA in 2021, Irene in 2011, or tropical storm, such as 'Superstorm' Sandy in 2012, is typically accompanied by high winds, heavy rain, and flooding. Conshohocken residents in the summer months may find themselves in extended periods of extreme heat, accompanied with high levels of humidity and frequent thunderstorms. Many winter storms may be accompanied by heavy snowfall, icing, sleet, and/or freezing rain, along with dangerously low temperatures.

It is important to be prepared for severe weather before it strikes. Use the content of this guide to BE INFORMED, PLAN, PREPARE, AND RESPOND. This will help you be ready to take care of yourself and your loved ones for some period without outside assistance, regardless of the type of severe weather event you encounter.

<u>Be Aware</u>: In any severe weather conditions, power and communications services may be knocked out, sometimes for days at a time; steps must be taken in advance to protect your valuables and other personal items from wind and/or water damage; and loose items outdoors must be secured to minimize the danger to you and others.

<u>Be Aware</u>: If you can hear thunder, you can be struck by lightning. Seek shelter immediately in a building or if necessary, a car with all the windows up. Never seek shelter under a tree and if caught in an open field crouch down low and cover your face/head.

<u>Be Aware</u>: Extreme heat conditions can be very dangerous and even life-threatening for older adults, young children, those who are ill or overweight, and pets. Limit outdoor activity to morning and evening hours. rest often in shady areas and stay cool in an air-conditioned place, if possible. Drink more fluids, regardless of your activity level.

<u>Be Aware</u>: Borough ordinances specify various actions residents must take during a winter storm. Commercial properties have 12 hours to clear sidewalks; residential properties have 24 hours. If not used to strenuous physical activity, be sure to rest frequently when clearing snow from sidewalks. To allow the Department of Public services to effectively clear snow, sleet, hail or ice, residents should be aware that:

- Parking Vehicles on public streets should be limited as much as possible whenever snow is falling, and accumulation is such that plowing is required.
- Parking restrictions may be in effect until the streets have been plowed sufficiently.
- Unoccupied vehicles blocking the snow removal process may be ticketed and towed.
- Avoid unnecessary travel, vehicles must remain off streets so emergency vehicles can have access.

Monitor emergency alerts from the Borough of Conshohocken

Borough Website and social media pages or CodeRED alert notification system.

NOAA weather - The Borough of Conshohocken utilizes this function to monitor the schuylkill river water levels.





BOROUGH ORDINANCES

Refer to Borough of Conshohocken Code of Ordinances for more detailed information on actions needed during sever weather.

<u>FLOODING</u>

Low-lying neighborhoods, particularly Colwell Ln. from W. Fifth Avenue to W. Elm St.; areas along waterways such as Washington St. Families living in areas prone to flooding should ensure they have flood insurance. No-one should be encouraged to play in flooded streets due to the potential dangers present.

Be prepared to shelter-in-place until the flood water recedes OR evacuate the local area using designated evacuation routes if advised to do so by authorities. Remember to take steps to protect valuables and other important personal items by moving them to a higher location to avoid water damage.

If you are in your automobile during a flood, please remember:

- Do NOT attempt to drive through a flooded road; Turn Around, Don't Drown!!! Protective Barricades are there for your protection against unknown water depths.
- Stick to designated evacuation route. If you are advised to leave the affected area, do not take shortcuts as they may be blocked.
- Be cautious if driving at night when it is harder to recognize flood dangers.
- Be aware that six inches of water will reach the bottom of most cars and can cause loss of control and/or possible stalling; a foot of water will float many vehicles; and two feet of water can carry your vehicle away, including SUVs and Pick-ups.

POWER OUTAGES

Please remember that loss of power to your home, even for an extended period, is not typically a life-threatening emergency. Do not call 911 or the Borough to find out when your power will be restored. You will need to contact PECO directly for service outage updates at 1-800-494-4000 (Emergency – 1-800-841-4141) or www.peco.com. Ensure you have sufficient battery or power back up for medical devices too.

- Call 911 to report downed power line or other dangerous conditions such as Trees entangled in power or phone lines, cars or buildings/structure in contact with power lines, etc.
- Call PECO directly to report a power outage that does not involve downed power lines or other hazardous conditions.
- Stay away from downed power lines never touch them under any circumstance. Even if they are not moving, they can be energized.
- Know how to open your garage door without the electric opener.
- Remember that electrically powered equipment/appliances/devices will not work without back-up batteries and/or generators.
- Turn off major appliances that are at risk if a power surge occurs; and do not use appliances if the light is dim as this indicates low voltage.
- Open refrigerators and freezers as little as possible. Food will keep for hours if door opening is kept at a minimum.
- If the outage is lengthy, use ice or dry ice for food preservation; and when in doubt about food or beverages, throw out.
- Have battery-operated radio, flashlight and manual can opener handy.

LOSS OF COMMUNICATION

Cell phone service may fail because your cell phone battery cannot be recharged, due to a sudden increase in calling volume, or because of cell tower power loss. People relying on internet, fiber optic, or cable providers for their phone service will lose dial tone as soon as the power is off unless battery or generator back-up is available in the home. This will also be the case for people who are using cordless telephone systems, regardless of how the phone service is delivered. Only those households with hard-wired copper lines and telephones that operate from a wall jack are less vulnerable to telephone failures.

Make sure you have a family emergency communications plan to include contacts both nearby and out of the area. Ensure your children known these numbers as well. In many cases long distance calls may go through when local calls cannot due to congestion. Also know your school and work emergency communications plans as well. Please check on neighbors, particularly those with physical challenges.

NATURAL GAS ODOR OR LEAKS

Since natural gas has no scent, a strong odorant that smells like rotten eggs is added to help you detect possible leaks. A natural gas leak can be a very dangerous, highly explosive, even life-threatening situation.

If you smell an odor of gas, do not do anything that will cause a spark. Leave your home, workplace, or school immediately! Call 911 from a neighbor's house or when clear of the area.

- Do not Turn off (or on) any switches or appliances.
- Do not use the telephone (this includes, land, cable, and cell phones until well clear of the area).
- Do not try to fix the situation yourself.



Family Emergency Water Supply:

www.ready.gov.water

At least 1 gallon, per person, per day!









DRINKING WATER EMERGENCIES

Water is critical for your family's health. Public health guidelines call for one gallon of clean drinking water per person per day; but more may be needed if there are children, a nursing mother, or if the weather is hot. From discolored water to low water pressure to blocked drains to broken fire hydrants or burst water pipes flooding water into the street, water emergencies can happen at any time with no warning.

- Call AQUA directly at 1-877-987-2782 or visit their website www.aquaamerica.com to report water or non-storm related flooding problems.
- In the case of water related illness or injury, call 911 to report the problem.
- Know where your main water and hot water heater shut-off valves are located in case of
 emergency; and keep a wrench handy to facilitate turning them off if advised to do so.
- Boil discolored water to kill any bacteria or use commercially available bottles water until the water company gives an "all clear" report.
- Limit flushing toilets when water problems are occuring.

HAZARDOUS MATERIALS/CHEMICAL SPILLS

Hazardous materials come in the form of explosives, flammable, combustible, or corrosive substances, poisons, and radioactive materials. These substances are most often released as a result of transportation accidents (highways, railroads, waterways, and pipelines) or due to accidents in plants that manufacture, use, or store these materials. They can cause death, serious injury, long-lasting health effects, and damage to homes and other buildings.

- In the event of a hazardous materials incident, call 911 immediately and report the location.
- Monitor emergency alerts for specific instructions from authorities.
- Be prepared to shelter-in-place, potentially in a sealed room, or evacuate immediately with no delay if advised to do so by public safety personnel.
- If you are in a car, close the windows and shut off the heater or air conditioner.
- Stay away and stay up wind from the incident scene.

<u>INFECTIOUS DISEASE OR PANDEMIC</u>

The Borough of Conshohocken, via the CDC Department, plan for and aid in the spread of highly contagious diseases and pandemics such as influenza (flu). Montgomery County, State Governor Offices and the Borough of Conshohocken Emergency Management Team will monitor the situation and advise residents on the magnitude of an outbreak, how to receive preventative medications, personal protective action, and other information necessary to lessen the health impact. Instructions will be provided through newspapers, radio, television, websites, telephone lines, and your family health care providers.

Generally, you should:

- Avoid close contact with people who are sick and keep your distance from others if you are ill.
- Stay home from work or school; do not run errands when you are sick.
- Wash your hands often to help protect you from germs.
- Avoid touching your eyes, nose or mouth to avoid germ contamination.
- Cover your mouth and nose with a tissue (or your arm) when coughing or sneezing.
- Practice good health habits regarding sleep, physical activity, fluid intake, and nutritious food.



Emergency Notification System

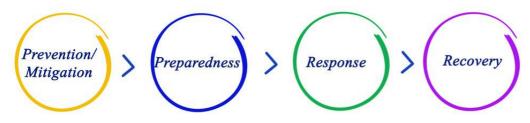
REGISTER NOW

RESIDENT PREPAREDNESS

To aid in providing our residents with timely notifications and information, the Borough of Conshohocken Police, Fire, EMS, Emergency Management, etc., are using electronic information services, including the Borough Website, Social Media outlets and CodeRED to communicate essential information to our citizens in the event of an emergency.

In addition, the Borough of Conshohocken has developed this RESIDENT PREPAREDNESS GUIDE FOR EMERGENCIES which is available to all on our website at www.conshohockenpa.gov.

Emergency Management



<u>EMERGENCY MANAGEMENT</u>

Emergency Management is a function of the Operations Department and is managed by the Executive Director of Operations. Emergency Management develops, implements, and maintains the Borough's emergency operation plans and standard operating procedures for large scale incidents and events. Emergency Management exists to support our first responders and all emergency personnel. The department consists of Police, Fire, EMS, Borough Administration and Public Services personnel, in combination with our Borough Council.

Our goal is to ensure our Emergency Teams have/can access the equipment and resources they need to respond to emergencies. Our biggest objective overall is to prepare the community for large scale emergency situations.

For assistance, contact an Emergency Management team member at 484-243-6069.

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CODERED

Emergency Management supports many emergency activities within the Borough of Conshohocken such as the CodeRED emergency These alerts system. alerts include important information on both emergency and nonemergency related incidents. In addition to CodeRED, individuals have a multitude of emergency communication apps at their disposal through Montgomery County, PA.

CodeRED and all Montgomery
Cty emergency communication
applications are free of charge to
the user. We recommend you
familiarize yourself with these
options and make use of them, so
you can be better prepared in an
emergency.



<u>BE INFORMED</u>

Be Aware of the Borough of Conshohocken's Emergency Alert Capabilities and your alternatives for monitoring emergency information.

CREATING A BASIC PLAN



GETTING STARTED

Having a plan is one of the most important steps you can take in disaster preparedness. Include family, children, pets, and those with unique needs.

Decide what you and your family would do in each potential emergency. Monitor emergency alerts through CodeRED.

Types of disasters for our area

- · Flooding/Flash Flooding
- Winter storms
- Hurricanes
- Thunderstorms
- Active Shooter
- Pandemic
- Fires
- Hazardous Materials
- Extreme Heat Conditions
- Water Emergencies

Draw a floor plan of your home showing escapes routes.

Choose a place away from your neighborhood where family members can meet in case you are separated and cannot return home.

Identify a friend or relative who lives out of the area for family members to contact if separated.

Post/Save emergency numbers and teach children how to dial 911.

Know how to shut off the water, gas and electric at the main switches in your home.

Plan how to help elderly or the disabled.

Check that your insurance policies are up-to-date and provide good coverage.

SIGN UP FOR CODERED

<u>alerts!</u>

The Borough of Conshohocken has a Warning/Mass notification system that is used in several different types of situations including, Flooding, Severe Weather, Snow, Borough updates, or any incident presenting a clear and present danger to the community.

Visit the Borough of Conshohocken website to sign up for CodeRED notification alerts.

www.conshohockenpa.gov

ASSISTANCE

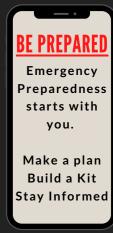
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PREPARING A DISASTER SUPPLY KIT



<u>PETS</u>

Basic Supplies

3 day supply of food and water extra supply or regular medications (and any needed medical supplies)

Food and Water Bowls, treats

Can opener and spoon for canned food, if necessary

Cage or Carrier for smaller animals

Collar, leash or harness for larger animals

Litter box, litter and a scoop (for cats)

Plastic trash bags, paper towels, soap and bleach (for waste)

Toys

Important Information and records

<u> ADULTS/ELDERLY/DISABLED</u>

Mobility Aids (Wheelchair, cane)

Hearing aids and extra batteries

Special Medical Supplies (Colostomy supplies, insulin and syringes, denture supplies)

Prescription Medicine (one week supply)

HAVING A DISASTER SUPPLY KIT READY TO TAKE WITH YOU AT A MOMENT'S NOTICE ENSURES THAT YOU WILL HAVE NECESSARY SUPPLIES.

Pack supplies in a duffel bag or backpack.

Water - 1 gallon per person/per day

Change your water every 6 months.

Food - Pack enough food to last each member at least 3 days.

Canned goods and boxed foods (pack a manual can opener)

Replace food every 6 months.

Include food for infants and members with special diets.

Tools, Equipment and Toiletries
Radio - Battery powered

Flashlights

Spare batteries, cell phone, phone charger Resealable plastic bags / Garbage bags Washcloths and towels

Paper products (Cups/plates/utensils)

Toiletries (toothbrush/toothpaste, shampoo/deodorant/toilet paper)
Change of clothing (outfit/socks/shoes)

Blanket or sleeping bag First Aid Kit

Diapers, Wipes, Formula, baby food, medications (Infants/Toddlers)

Comfort Items (Blanket, stuffed toy, etc.) (Infants/Toddlers)

Eve Glasses or contact lenses

Personal Items

Personal Identification

Copies of birth and marriage certificates, driver's license, inventory of household goods, bank account numbers and other important documents

Extra car and house keys

Medications (Prescription and Non)

Family health information (allergies, special treatment needs, etc.)

Credit Cards (if applicable)

Pictures of Family and Pets

ictures of Family and Fets

Tip for maintaining your kit(s): Rotate food and water about every 2-6 months depending on item.



SHELTER-IN-PLACE

Shelter-in-place means to take immediate shelter where you are at home, work, school or inbetween. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

- · Home Select two places in your home as "Safe Places" avoid windows and doors
- · Work contact your workplace to find out the plan for dealing with emergencies.
- School/Daycare know the policies, procedures and expected action in place at your child's school or daycare facility. Ensure all emergency contact information is up to date. understand the re-unification procedures as well.

When authorities tell you to Shelter-in-Place

- Have your disaster supply kit.
- Have all cell phones/tablets, computers, electronics, etc. charged in case of power outages.
- Turn off the main switches and valves for gas, water, and electricity, if instructed.
- Inform a friend or relative of the situation.
- Notify Emergency Officials prior to Shelter in Place of any medical or special needs.
 There could potentially be substantial rescue delays.



EVACUATION

In a disaster, it may be necessary to evacuate your home for several days or longer.

- 1. Contact the local emergency management office to learn evacuation routes for your area.
- 2. Determine where you will go if your community is evacuated.
- 3. Discuss with your family the possibility of evacuation.
- 4. Find out your child's school evacuation policy.
- 5. Check that your disaster supply kit is assembled and ready to go.
- 6. Make sure your car is filled up, fuel may be in short supply during a disaster.

When authorities tell you to evacuate

- Bring your disaster supply kit.
- Wear sturdy shoes and clothing.
- · Unplug home electronics.
- Lock the doors and windows.
- Turn off the main switches and valves for gas, water, and electricity, if instructed.
- Inform a friend or relative of your route.
- Follow recommended evacuation routes. Watch for washed-out bridges, flooded areas, and downed power lines.

Pets

- Pets should not be left behind during a disaster.
- Attach ID Tags to your pet with your name and phone number.
- Make a list of Pet shelters and hotels that permit animals in the area you would evacuate to. (Public Shelters do not allow pets)
- Put together an emergency supply kit for your pet. (Collar, leash, food, medicines, pet carrier, comfort items)

MEETING PLACE

Make sure your loved ones know where to go after getting out of the house. Pick two places to meet: 1) in your neighborhood in proximity to your house in the case of a sudden emergency such as a fire; and 2) outside your neighborhood in case you cannot return home.

EVACUATION ROUTES

In some cases, you and your family may be required to leave the area in which you live. It is imperative to have a plan for evacuation before an emergency situation calls for you to do so. Often federal and state highways and other primary roads are designated as evacuation routes by authorities. Be aware that the Office of Emergency Management (OEM) may issue specific evacuation routes due to the situation at hand.

Engage the entire family in planning multiple routes out of your neighborhood. Once you have the alternate routes identified, print out and retain directions, or other online mapping software. It is also a good idea to keep a map in your vehicle at all times in case any of these evacuations routes become impassable.

Identify in advance where you will stay after you depart the local area. This could be at the home of a family member, a friend, or a hotel/motel that meets your family's needs.

There is one other thing to remember. In an emergency, it will be very difficult, if not impossible, to get gasoline for your vehicles. Always try to maintain the gas tank at least half full. Do not put your lives in danger by running out of gas on the way out of town.

The best way to cope with an emergency and ensure the safety and security of your loved ones is to plan what to do in advance.

<u>AFTER A DISASTER</u>

- Look for structural damage, loose or damaged electrical wires, and gas leaks before re-entering your home.
- Report Utility Problems: For all utility outages and other service-related issues, call the utility company directly.
- Call 911 to report downed power lines, gas odors, sever water main breaks, or other dangerous conditions.
- Gas Odors Do not turn off (or on) any switches or appliances. Go off the premises to dial 911. Try not to fix it yourself.
- Fire Damage Do not enter a fire-damaged house until authorities have inspected it.
- · Contact your insurance agent.
- For additional Assistance, contact an Emergency Management team member at 484-243-6069.

PLAN AND PRACTICE

Plan and Practice as though you and your families live depends on it for they may when responding to the aftermath of an emergency.

First, ensure the safety and well-being of you and your loved ones. Then, consider helping others as you can be a valuable provider of aid during a time of crisis when professional emergency responders are not immediately available.

There are always members of our community who may need more assistance than others, but who are not in a life-threatening situation. These people include those with limited transportation options, home-bound individuals, people with health, disability, or mobility issues, elderly residents who are living alone, and so forth. These are residents who must rely on others to reach out and help them.

NOTE: At no time are you expected to place yourself in jeopardy in the performance of assisting others.

<u>IMPORTANT NUMBERS</u>

To Report an Emergency... Dial 911

Conshohocken Police Department

400 Fayette St. - Suite 100 Conshohocken, PA 19428

Non-emergency: (610) 828-4032

Emergency: 911

Conshohocken Fire Department - (Station 55 A)

819 Fayette Street Conshohocken, PA 19428 Non-emergency: (610) 828-4095

Emergency: 911

Conshohocken Fire Department - (Station 55 B)

30 VV. EIIII Street

Conshohocken, PA 19428 Non-emergency: (610) 828-4293

Emergency: 911

Narberth Ambulance

500 East Hector Street Conshohocken, PA 19428 Crew Phone: (610) 825-6672 www.narberthambulance.org

Emergency Management - Borough of Conshohocken

400 Fayette St. – 1st Floor Emergency Operations Center Conshohocken, PA 19428 Ph# (484)243-6069 CONTACTS:

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www.conshohockenpa.gov

UTILITIES

ELECTRIC AND GAS = PECO | Emergencies 1-800-841-4141
WATER = AQUA America | 1-877-987-2782
SEWER = Borough of Conshohocken Authority | 610-828-0979



BOROUGH OF CONSHOHOCKEN EMERGENCY MANAGEMENT















Emergency Preparedness



CONTACT US

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FAMILY EMERGENCY COMMUNICATION PLAN

Name:	
Address:	
Home Phone:	
Cell Phone:	
Email:	
mportant Information/Medical Information:	
Name:	
Address:	
Home Phone:	
Cell Phone:	
Email:	
mportant Information/Medical Information:	
Emorgonov Numbers / Out of Town Contacts	
Emergency Numbers / Out of Town Contacts	
Name:	
Address:	
Emergency Phone/Hotline#:	
Vebsite:	
Website:Emergency Plan/Pick Up:	
Website:	
Website:	
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Website:	
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FAMILY EMERGENCY COMMUNICATION PLAN

IMPORTANT NUMBERS

FIRST RESPONDERS	
Police:	Dial 911 or #:
Fire:	Dial 911 or #:
EMS:	Dial 911 or #:
MEDICAL	
Poison Control:	Phone:
Doctor:	Phone:
Pediatrician:	Phone:
Dentist:	Phone:
Medical Insurance:	Policy#
Hospital/Clinic:	Phone:
Pharmacy:	Phone:
ANIMAL	
Veterinarian:	Phone:
Emergency Vet:	Phone:
UTILITIES Electric Company:	Phone:
Gas Company:	Phone:
Water Company:	Dhono
<u>HOME</u>	
Homeowner/Rental Insurance:	Phone:
Policy #	
Flood Insurance:	
D-1'- #	

OTHER INFORMATION:



FAMILY EMERGENCY COMMUNICATION PLAN

IMPORTANT NUMBERS

SCHOOL	
School Name:	Phone #:
Address:	
Principal:	
Email:	
School Name:	Phone #:
Address:	
Principal:	
Email:	
CHILDCARE - CAREGIVER	
Name:	Phone #:
Address:	
Email:	
Name:	Phone #:
Address:	
Email:	
EMERGENCY MEETING PLACES	
Indoor:	
Out of Neighborhood:Address:Instructions:	OF CONCA
Out of Town	