## Borough of Spring/Summer 2022

## CONSHOHOCKEN Newsletter





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**Interior Repair & Painting Company** 

484-483-3468

patchandpaintpros.com











### Dominic A. Coccia, Jr.

**Certified Public Accountant** 619 Maple Street Conshohocken, PA 19428

Office: 610-825-1617 dom619@aol.com Fax: 610-825-8644



#### TRI-STATE FINANCIAL GROUP, LLC

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#### SUTCLIFFE PARK FITNESS COURT

The Borough of Conshohocken's Department of Recreation Services partnered with the National Fitness Campaign in building an outdoor fitness court at Sutcliffe Park. This world-class outdoor bodyweight circuit training system is designed so that people of all levels and abilities can get a full body workout in just 7 minutes. Each station utilizes body weight to increase fitness levels. Instructions for each workout can be found on the wall decals or through the downloadable Fitness Court app available on iPhone and Andriod devices. The app includes guided audio workouts and tutorial videos; graded difficulties, HIIT, upper, lower and full body routines; and workouts hosted by expert celebrity trainers and influencers.

The new fitness court includes the following equipment and features:

- Plyometric / Squat Boxes
- Lunge Step Course
- · Agility Dots
- · Agility Ladders
- 2 Bending Stations
- · Concrete Border
- Rubberized Tile Surface
- Progressive Training Wall
- 2 Sets of Destabilized Pushing Handles

- 2 Sets of Stabilized Pushing Ladders
- 7 Progressive Foothold Strips
- 2 Sets Rowing Handles
- 4 Full Body Rowing Stations
- 2 Sets of Bicep Curl Rings
- 2 Sets of Muscle-Up Rings
- 2 Sets of Stabilized Pull-Up Bars



"The mission of our Recreation Services Department is to enhance the quality of life for our residents," says Director of Recreation Services, Lauren Irizarry. "By bringing the outdoor fitness court to Conshohocken, we believe we did just that. The benefits that it provides are immeasurable to our community. It allows our residents to have access to potentially improve their fitness and wellness. As we all know today, more than ever, getting outdoors to exercise is important for physical fitness as it is for mental and social stability."

The new fitness court is now open and available for public use at Sutcliffe Park.



#### **MUNICIPAL ELECTION**

Tuesday, May 17, 2022 VOTER REGISTRATION
DEADLINE:
Monday, May 2, 2022

ABSENTEE OR MAIL-IN BALLOT APPLICATION DEADLINE Tuesday, May 10, 2022

Polls are open on election day from 7:00 AM - 8:00 PM

#### APPLY FOR A MAIL-IN OR CIVILIAN ABSENTEE BALLOT ONLINE:

https://www.votespa.com/Voting-in-PA/Pages/Voting-by-Absentee-Ballot.aspx

#### KNOW YOUR WARD! Do you know where to vote?

#### Conshohocken Borough has 7 voting wards and 4 different polling locations:

- WARD 1 & 4: Conshohocken Community Center at the Fellowship House (Gymnasium), 515 Harry Street, Conshohocken, PA 19428
- WARD 2 & 3: Conshohocken Community Center at the Fellowship House (Multipurpose Room), 515 Harry St, Conshohocken, PA 19428
- WARD 5: Conshohocken Fire Company No. 2: 819 Fayette Street, Conshohocken, PA 19428
- WARD 6: Borough Hall, 400 Fayette Street, Conshohocken, PA 19428
- WARD 7: A.A. Garthwaite Stadium (A-Field), E 11th Avenue & Harry Street, Conshohocken, PA 19428

#### Borough Of Conshohocken Council Members



WARD 1
Karen Tutino
484-243-6094
ktutino@conshohockenpa.gov
Voting Location:
Community Center at the Fel
515 Harry Street (Gymnasium)



WARD 2
Adrian Serna
484-535-4358 • 610-828-1092 ext.138
aserna@conshohockenpa.gov
Voting Location:
Community Center at the Fel
515 Harry Street (Multipurpose Rm.)



WARD 3
Tina Sokolowski
610-828-1092 ext.133
tsokolowski@conshohockenpa.gov
Voting Location:
Community Center at the Fel
515 Harry Street (Multipurpose Rm.)



WARD 4
Anita Barton
610-213-5819
abarton@conshohockenpa.gov
Voting Location:
Community Center at the Fel
515 Harry Street (Gymnasium)



WARD 5
Kathleen Kingsley
610-828-1092 ext.135
kkingsley@conshohockenpa.gov
Voting Location:
Conshohocken Fire Company, #2
819 Fayette Street



WARD 6
Stacy Ellam
610-828-1092 ext.139
sellam@conshohockenpa.gov
Voting Location:
Borough Hall
400 Fayette Street



WARD 7
Colleen Leonard
610-322-0386
cleonard@conshohockenpa.gov
Voting Location:
Fieldhouse/ "A" Field
East 11th Avenue & Harry Street

## **U.S., PA & Montgomery County Elected Officials**



Senator Robert Casey 2000 Market Street, Suite 610 Philadelphia, PA 19103 215-405-9660 www.casey.senate.gov



Senator Patrick J. Toomey, Jr 8 Penn Center 1628 John F. Kennedy Blvd., Suite 1702 Philadelphia, PA 19103 215-241-1095 • www.toomey.senate.gov



Congresswoman Madeleine Dean 115 E. Glenside Ave., Suite 1 Glenside, PA 19038 215-884-4300 https://dean.house.gov



Governor Tom Wolf 225 Main Capitol Building Harrisburg, PA 17120 1-800-932-0784 www.governor.state.pa.us



**Lieutenant Governor John Fetterman** 508 Main Capitol Building Harrisburg, PA 17120 717-787-2500 www.portal.state.pa.us



State Senator Vincent Hughes
District Office
2401 N. 54th St.
Philadelphia, PA 19131
215-879-7777 • www.senatorhughes.com



Representative Mary Jo Daley
148th Legislative District
815 Fayette Street, Suite 200
Conshohocken, PA 19428
Office hours: 9am – 5pm, Mon. - Fri.
Office phone: 610-832-1679
Email: repmaryjodaley@pahouse.net

Montgomery County Government
One Montgomery Plaza, Suite 800
Norristown, PA 19404 610-278-3000 www.montco.org

#### **Montgomery County Commissioners**

- Valerie A. Arkoosh, MD, MPH, Chair
- Kenneth E, Lawrence, Vice Chair
- · Joseph C. Gale, Commissioner

**District Attorneys:** Court House, 4th floor P.O. Box 311, Norristown, PA 19404-0311, Phone: 610-278-3090

- Treasurer Jason Salus, Phone: 610-278-3066
- **Register of Wills** Bruce Hanes, Phone: 610-278-3400
- **Recorder of Deeds** Jeanne Sorg, Phone: 610-278-3289
- Solicitor Joshua Stein, Phone: 610-278-3033
- Public Safety Michael Vest, Phone: 610-278-6500
- Health & Human Services Tara Gaudin, Phone: 610-278-5800
- Voter Services Lee Soltysiak, Phone: 610-278-3280
- Veterans Affairs Dennis Miller, Phone: 610-278-3285

## A MESSAGE FROM THE MAYOR

#### The Schuylkill River Trail

With the weather turning warm again, you will see my wife Sarah and me using one of our favorite Montgomery County amenities: the Schuylkill River Trail! We first met on the trail after a run and even got engaged there, so it holds especially strong meaning for us. Here are a few ways that you can enjoy the trail to the fullest this spring and summer:

#### The Conshohocken Running Club

The Conshohocken Running Club meets for social runs every Thursday, all year long, at 6:30 PM at the Conshohocken Brewing Company. The club's motto is



"all faces, all paces." Everyone from dedicated marathoners to casual runners and joggers are encouraged to attend. Don't forget to stay for a drink and bite to eat, as well as pose for the big group picture after the run.

You can find more information or contact the group directly @ ConshyRunning on Facebook and Instagram.

#### The Tricycle Shop

The Tricycle Shop is a minorityand veteran-owned bike shop, service center and coffee house popular with many Conshohocken trail users. Look out for group bike rides, karaoke, coffee-of-themonth specials and their summer food truck festivals, BBQs, and fundraisers for needy causes. *More info @TheTricycleShop on* 

Facebook and Instagram.



#### **Montco Trail Challenge**

The 7th annual Montgomery County Trail Challenge will run from this May to December. The challenge asks that participants visit all 15 trails in the county trail system, including our very own Schuylkill River Trail, to win a special prize. The challenge is open to anyone, including walkers, bikers, and runners.

For more information and to register, please visit: www.montcopa.org/2584/Trail-Challenge Don't forget to post pictures on social media with #MontcoTrailChallenge.

#### Hosting events on the trail

I often get questions about hosting events on the trail, so I wanted to finish this piece by providing contact information for the Montgomery County Division of Parks, Trails, and Historic Sites. This office is the most appropriate place to direct any event requests, issues or concerns related to the Schuylkill River Trail. For more trail information: www.montcopa.org/923/Schuylkill-River-Trail

For inquiries, please contact the Schuylkill River Trail regional manager, Michelle Harris, at mharris@montcopa. org or 610-666-5371.

I want to wish everyone a safe and active spring and summer. You will see me running on the trail most evenings, far behind my much speedier wife, so make sure to give us a wave.

Please keep in touch by joining me on social media, reaching out via email or stopping by during my office hours when they resume. I hope to see you in the borough!

-Yaniv

#### SPEAK WITH THE MAYOR



yaronson@conshohockenpa.gov



conshymayor



Yaniv Aronson



ConshohockenMayor.com



yanivaronson



494 532 914



conshymayor

#### **OFFICE HOURS**

(postponed until all borough services are back in person): HELD AT THE COMMUNITY CENTER AT THE FELLOWSHIP HOUSE

> 3rd Saturday of each month: 10:00 AM to 12:00 PM 4th Wednesday of each month: 4:30 PM to 6:00 PM

> > BOROUGH OF CONSHOHOCKEN

## BOROUGH ADMINISTRATION INFORMATION

#### **BOROUGH CONTACT INFORMATION**

Borough Hall: 400 Fayette St, Suite 200, Conshohocken, PA 19428
Phone: 610-828-1092 • Fax: 610-828-0920
Website: www.conshohockenpa.gov
Verizon Cable Channel 20 • Comcast Cable Channel 965
Follow us on Twitter: @ConshyBorough

Like us on Facebook at: www.facebook.com/ConshohockenBorough

#### OFFICE OF THE BOROUGH MANAGER

- Borough Manager: Stephanie Cecco
- Executive Assistant to the Borough Manager: Brittany Rogers
- Communications Manager: Kate Kosmin
- Monday Friday: 8:30 AM 4:30 PM

The Borough Manager is the Chief Administrative Officer of the Borough and is responsible to Council for the administration of Borough affairs. All departments, offices, and agencies of the Borough are directed and supervised by the Borough Manager. She manages the day-to-day operations, administration, and execution of policies and objectives set by Borough Council. This department also oversees Borough Boards & Commissions, Right to Know Requests, Communication and Borough Special Events.

#### **ADMINISTRATION SERVICES**

- Director of Administrative Services: Angela Orr
- Monday Friday: 8:30 AM 4:30 PM

The Department of Administrative Services focuses on delivering quality, reliable, customer-oriented services to Borough residents. The Director of Administrative Services manages administrative and financial services; including human resources, and pension matters; finance records and transactions, insurance and records management. This Department is also responsible for the administration of all insurances, coordination and upkeep of all benefit contracts, and managing constituent and customer services.

#### COMMUNITY DEVELOPMENT & FEDERAL GRANT PROGRAMS

- Community Development Officer: Christine Stetler
- Monday- Friday: 8:30 AM 4:30 PM

The Community Development Officer oversees Conshohocken's Housing Rehabilitation Programs, which assists low and moderate-income homeowners in bringing their homes up to code conformance in order to enable more comfortable and safe living.

#### POLICE DEPARTMENT

- Superintendent of Police: George Metz
- Office Hours (non-emergencies) Monday Friday: 8:00 AM 4:00 PM

The Conshohocken Police Department is committed to providing protection and services within the Borough on a 24-hour-a-day basis, with a strong emphasis on public safety and community awareness. The Police Department also hosts several community outreach initiatives to benefit Conshohocken residents.

#### RECREATION SERVICES

- · Director of Recreation Services: Lauren Irizarry
- Visit conshohockenrsp.recdesk.com for hours of operation and daily schedule of activities

The Recreation Services Department is responsible for the daily operations of the Community Center at the Fellowship House. It also provides a wide range of recreational activities, programs, events, fitness and wellness opportunities for all ages. These activities are made available to the public at the Borough's many parks and recreational facilities.

#### OPERATIONS/PUBLIC SERVICES DEPARTMENT

- Executive Director of Operations, Emergency Management Coordinator, BCO: Z Raymond Sokolowski
- Operations Administrative Assistant: Bobbi Jo Myrsiades

The Operations Department delivers community services through four divisions: Emergency Management, Fire Services, Licenses & Inspections and Public Services.

#### **EMERGENCY MANAGEMENT**

- Emergency Management Coordinator: Z Raymond Sokolowski
- Monday Friday: 8:30 AM 4:30 PM

Emergency Management develops, implements, and maintains the Borough's

#### CONSHOHOCKEN POLICE STATION

400 Fayette St, Suite 100 • Conshohocken, PA 19428 Phone: 610-828-4032 • Phone: 610-828-4033 Fax: 610-828-5243 • Emergency: 911

#### COMMUNITY CENTER AT THE FELLOWSHIP HOUSE

515 Harry Street • Conshohocken, PA 19428 • Phone: 610-828-3266 Website: conshohockenrsp.recdesk.com

Like us on Facebook at: www.facebook.com/CommunityCenterattheFel

emergency operation plans and standard operating procedures for large scale incidents and events. Emergency Management exists to support our first responders and all emergency personnel. The department consists of Police, Fire, EMS, Borough Administration and Public Services personnel, in combination with our Borough Council.

#### FIRE SERVICES

- Fire Chief & Fire Marshal: Timothy Gunning
- Monday Friday: 8:30 AM 4:30 PM

The Fire Services Team works closely with Licensing & Inspections, Emergency Management, the Police Department and Narberth Ambulance to further ensure the protection of life and property of our citizens, visitors, and businesses. Fire inspectors are tasked with performing annual inspections on fire alarms and fire protection systems in new and/or existing commercial buildings within the Borough of Conshohocken. State and local fire codes require that every business receive a regular fire inspection.

Fire Services for Conshohocken also consists of two volunteer fire stations, Washington Fire Company No. 1 and Conshohocken Fire Company No. 2. Both fire companies operate under station 55 and provide volunteer firefighting services to the Borough of Conshohocken. Emergency Medical Services are provided by Narberth Ambulance, Medic 313.

#### LICENSES & INSPECTIONS

- Building Code Official (BCO): Z Raymond Sokolowski
- Monday Friday: 8:30 AM 4:30 PM

Licenses & Inspections is responsible for the administration and enforcement of Borough ordinances, along with Federal and State building codes. These ordinances may pertain to building, zoning, land development, housing, and property maintenance. It also responds to citizen complaints concerning property maintenance (lawn maintenance, snow removal, etc); construction project inspections; apartment inspections; curb and sidewalk inspections, and applications regarding building projects. L&I issues permits for Use and Occupancy, repairs, replacements, additions, and new installations of boilers, roofs, etc.

#### **PUBLIC SERVICES**

- Monday - Friday: 6:30 AM - 3:00 PM

Public Works operates as four divisions: Buildings; Parks, Landscaping & Grounds; Sanitation and Recycling; and Streets. To learn more about what each division does, visit the Borough's website

#### SUBDIVISION AND LAND DEVELOPMENT

- Stephanie Cecco, Borough Manager
- Brittany Rogers, Executive Assistant to the Borough Manager
- Gilmore & Associates: Karen M. MacNair, P.E., Borough Engineer
- Monday Friday: 8:30 AM 4:30 PM

Subdivision and Land Development ensures the orderly, efficient and harmonious development of the Borough, including buildings, streets and open space. In doing so, the Borough can plan for the needs of the community while safeguarding natural resources and historic places.

#### **ZONING SERVICES**

- Eric Johnson, PE, Zoning Officer (Pennoni)
- Office Hours: Tuesdays 8:30am 12:00pm
- Bobbi Jo Myrsiades, Operations Administrative Assistant

Zoning regulates development and helps implement the goals of our Comprehensive Plan. Particularly, zoning refers to the division of the Borough into various districts, in accordance with the official Zoning Map. Rules for each zoning district are outlined in the Zoning Ordinance.



## Stay Connected



#### Conshohocken Borough Website

www.conshohockenpa.gov The website is the Borough of Conshohocken's official source for Borough related information, news, and announcements. You can also find dedicated pages for parking, proposed ordinance considerations, special events, alerts and more!

## Conshohocken Borough E-News Articles www.conshohockenpa.gov

Visit the Borough's website and sign up to receive Borough News directly to your email. Sign up for notifications on meeting alerts, calendar and website updates, and news on special events and more!

#### **△**CodeRED (

## CodeRED Alert Notifications www.conshohockenpa.gov/CodeRED

We highly encourage all residents, businesses, visitors and employees working within the Borough of Conshohocken to create an account and register online to receive notifications. These alerts include critical information on both emergency and non-emergency related incidents relevant to Conshohocken Borough only. All messaging that comes from CodeRED is initiated directly from Conshohocken Borough's Administration. Sign up by visiting the above web address.

#### Conshohocken Borough TV Channel

Stay up to date on news and announcements or catch the latest Council Meeting recording from your TV. Go to Verizon channel 20, or Comcast channel 965.

#### Conshohocken Borough (Facebook)

#### @ConshohockenBorough

Like and follow the Borough's Facebook Page to see notices, meeting announcements, agendas, community events, trash and recycling updates, y closures and more!

holiday closures and more!

#### Conshohocken Borough (Twitter)



#### @ConshyBorough

Follow the Borough's twitter page for news and announcements.

Conshohocken Police Department (Facebook)

@Conshohocken Police Department

Like and follow the Conshohocken Police Department Facebook page for police events, news, and updates!

## Conshohocken Community Center at the Fellowship House (Facebook)

@CommunityCenteratthefel

Like and follow for all Recreational Department info, including programs, events, fitness opportunities, membership info, park updates and activities for all ages!



### **ENGINEERING**

#### **Keeping Storm Runoff Clean**

As many residents and business owners of the Borough of Conshohocken are aware, the Borough is responsible for monitoring the storm sewer system for pollutants and to remove or direct to have removed any identified sources of pollution. The program is known as the National Pollution Discharge Elimination System Municipal Separate Storm Sewer System, NPDES MS4 for short. It is important to understand that stormwater does not get treated before it reaches the Plymouth Creek or Schuylkill River so any particle, large or small, that can be carried by water and reaches a roadway, storm sewer inlet, or swale will end up untreated in the river. Common pollutants in stormwater come from pet waste in yards, over fertilizing of lawns, washing vehicles in driveways or streets, and improper disposal of cleansers, oil, and paint.



Aside from properly disposing of pet waste, cleaners, oils, and paints, using recommended fertilization levels for lawns, and washing your car at a commercial car wash, another way to help the stormwater environment is by adding trees or other vegetation to your property. Trees and other plants help retain more water, enhance water percolation into the soil, and guard against erosion. Trees retain 2-7 percent or more of the water produced by a short downpour, either by allowing it to evaporate or soaking it up, instead of the same water running off into the storm sewer system. Roots of established plants also bind the soil, reducing erosion. If adding plantings to your property is of interest to you, please consider selecting from the approximately 2,100 plants which are native to Pennsylvania and call 811 before you dig:

http://elibrary.dcnr.pa.gov/GetDocument?docId=1742582&DocName=sf-Native\_Plants\_Landscaping-brochure.pdf

#### The Borough website is a valuable resource for stormwater related information

https://www.conshohockenpa.gov/departments/subdivision-land-development/stormwater-management/

This webpage contains useful information regarding the NPDES MS4 program, including several links to EPA and PADEP (the Federal and State agencies responsible for this program). All residents and businesses within the Borough are encouraged to review this information and to help in the Borough's efforts to keep our water clean.

Help keep our water clean! To report a non-stormwater discharge to the stormwater system, storm drain, or to a stream, please call the Borough's offices at 610-828-1092.





### **ZONING SERVICES**

The rules for each zoning district are outlined in the Borough's Zoning Ordinance. This determines the specific land uses that are permitted, for instance whether a district is deemed residential, office, commercial, or industrial. Furthermore, it outlines the minimum lot sizes and dimensional standards, such as the minimum building setbacks and maximum building heights.

#### **Zoning Permits:**

The Zoning Ordinance includes regulations governing off-street parking, patios, walkways, signs, fences, and accessory structures. Please note the above mentioned require zoning permits.

The application for a Zoning Permit can be found on the Borough's web site, www.conshohockenpa.gov. The permit fee is a flat fee of \$50.00; and permits require two weeks to process.

#### **Zoning Hearing Board Applications:**

The Zoning Hearing Board conducts public hearings at the request of developers and residents seeking zoning relief from a provision of the zoning ordinance via variance or special exception. The Board meets when an application and/or zoning petition has been submitted with all applicable documentation and fees. The Zoning Hearing Board reviews applications on a case-by-case basis and makes a determination based on the Borough's Zoning ordinance.

Meeting dates, changes and/or cancellations are reflected on the Borough's website.

#### **Short-Term Residential Rental (Transient Lodging):**

Per the Conshohocken Borough Code, the rental of a residential property for a period less than 30-days constitutes transient lodging and is not a permitted use at the referenced property. Therefore, the operation of a short-term residential rental (transient lodging) use constitutes a zoning violation.

For other questions regarding Zoning please email, zoning@conshohockenpa.gov.

### HOUSING REHABILITATION PROGRAM

The Borough of Conshohocken's Housing Rehabilitation Program has recently received funding from the Pennsylvania Department of Housing and Economic Development HOME Program and Community Development Block Grant Program. The Housing Rehabilitation Program has been in existence for over five decades and has assisted hundreds of Conshohocken homeowners bring their homes into code conformance enabling them to live more comfortably and safely. On the average the Program completes four (4) to seven (7) properties per year.

Roof repair, window and door replacement, electrical upgrades, sidewalk repair, as well as handicap accessibility, are some of the items the Program can provide to eligible single-family homeowners. The Program now is a four year Deferred Loan Program which declines by twenty-five percent each year.

If you are interested in obtaining more information regarding the Housing Rehabilitation Program, you may contact Ms. Christine M. Stetler, the Borough's Community Development Coordinator, or Nancy R. Nugent, the Program's Intake Coordinator at 610-246-3979.

If you are interested in applying for assistance, please complete the form below and return it to the Borough Offices at:

Borough of Conshohocken 400 Fayette Street, Suite 400 Conshohocken, PA 19428 Attn: Nancy R. Nugent

Your income must be below the following limits and would include salary, pension, Social Security, child support and interest on assets.

#### **Number of Persons in Household**

THE STATE OF THE STATE	110 111 110 410 110 14
1\$52,250	5\$81,650
2\$60,500	6\$87,700
3\$68,500	7\$93,750
4\$75,600	8\$99,800



- You must be a Borough of Conshohocken resident.
- You must own and occupy a single-family residence.
- · Your taxes and sewer fees must be current.
- You cannot be a Borough of Conshohocken employee.

## Fair Housing and Discrimination Based on Disability: Section 504 of the Rehabilitation Act of 1973 as Amended

Conshohocken Borough is committed to ensuring that all its programs and services are in compliance with Section 504 of the Rehabilitation Act of 1973 as Amended, as well as with the Americans with Disabilities Act. Section 504 requires that the programs and facilities of organizations receiving federal funds are accessible to and useable by people with disabilities.

Over the past 20 years, Conshohocken has improved accessibility at all its properties and continues to look for opportunities to provide access to buildings and programs for all residents, and workers in the Borough. To ensure that there is no discrimination based on disability in federally funded programs; Conshohocken has appointed a Section 504 officer. If you believe that you have been denied access to a Borough program or facility due to a disabling condition, contract Chris Stetler at 610-828-1092 or cstetler@conshohockenpa.gov. Efforts will be made to determine if discrimination has occurred, and to address any accessibility issues.



Fireworks are often used to mark special events and holidays. However, they are not safe in the hands of consumers. Fireworks cause thousands of burns and eye injuries each year. People can enjoy fireworks safely if they follow a few simple safety tips:

#### **BE CAREFUL!**

- Be safe. If you want to see fireworks, go to a public show put on by experts.
- ))) Do not use consumer fireworks.
- >>> Keep a close eye on children at events where fireworks are used.

## CONSUMER FIREWORKS

NFPA is opposed
to consumer use of
fireworks. This includes
sparklers and firecrackers.
Even sparklers burn hot
enough to cause
third-degree burns.



#### FACTS

- Pireworks cause an average of almost 18,500 reported fires per year.
- Sparklers account for more than one-quarter of emergency room fireworks injuries.



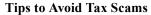
Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

### **POLICE SERVICES**

CONSHOHOCKEN POLICE STATION: 400 Fayette Street, Suite 100 (1st floor), Conshohocken, PA 19428

**Phone:** (610) 828-4032 | **Fax:** (610) 828-5243 | **Emergency:** 911



When tax filing season comes around, take the following steps to avoid becoming a victim of tax return fraud.



#### Organize Your Paperwork

The sooner you get your tax paperwork together, the sooner you can get your return to the IRS. Filing early is important,

since tax return fraud often involves criminals filing returns before the legitimate taxpayer.

#### **Keep Tabs on Your Refund**

If you file your return electronically, you should have your refund within a couple of weeks. Monitoring the progress of your return – and your refund – is one of the best ways to combat tax return fraud. Visit the IRS website, to track your return with the "Where's My Refund" tab.

#### Be Careful Answering the Phone

If you receive a phone call claiming to be from the IRS, just hang up. The IRS does not contact taxpayers by phone, but scam artists do.

#### Watch Out for Phishing Scams

The IRS also will not use e-mail to communicate with taxpayers. Do not respond to an email that alleges to come from the IRS. If the tax agency needs to reach you, they will do so via U.S. mail.

#### FEES FOR SERVICES

Police reports: ......\$25 per page Accident reports: ......\$15.00

Tow release:.....\$25.00 plus tow operator fee

Finger prints: \$10.00 by appointment only

If you think you are the victim of tax fraud, call the Conshohocken Police Department to report it as soon as possible.

#### Play It Safe: Bicycle Safety Tips

With summer just around the corner, cyclists are reminded to practice the following tips to stay safe on the road.

- Always wear a helmet, nearly 75% of all bicycle related deaths are the result of a head injury.
- Make yourself visible, wear bright clothing.
- Make sure the bicycle has the proper safety equipment: a red rear reflector; a white front reflector; a red or colorless spoke reflector on the rear wheel; an amber or colorless reflector on the front wheel; pedal reflectors; a horn or bell; and a rear-view mirror. A bright headlight is also recommended for night riding.
- Observe traffic laws, signs, and signals. Bicycles must ride with the flow of traffic.
- Familiarize yourself with the roads and traffic signals of the routes you plan on taking.

## NARBERTH AMBULANCE



For over 75 years Narberth Ambulance has been dedicated to keeping the communities of Lower Merion, Narberth, Haverford, Conshohocken, and West Conshohocken safe. Despite our name, we are your local ambulance company.

Narberth is honored to be the 911 EMS service for the Borough, and we strive to deliver quality prehospital EMS care. Improvements to the exterior of our building at 500 E Hector Street are now complete. New cameras, lighting, a sealed garage bay floor and our new Ambulance purchased in 2020 help ensure our readiness to respond to the community. Our thanks to the Borough for their support in our mission and the shared communication as the township continues to grow in every direction.

The Covid-19 Pandemic remains a part of our daily routine as it has for the past 2 years. It has placed EMS in the forefront of many public safety discussions, and we continue to seek out the best practices for

both our patients and our EMS providers. The pandemic has challenged Narberth in all aspects of our delivery of emergent ambulance care, and we are grateful to the Borough and the community for their support over the past year. Our work is possible through the benevolence of the communities we serve.

As we continue our fund drive, please consider becoming a subscriber or renewing your membership with Narberth Ambulance. Our membership is designed to assist you in controlling your healthcare costs while also supporting the efforts of our dedicated volunteers and career staff. We hope we can count on your support as we continue to deliver the clinical excellence and state-of-the-art urgent response you trust will always be there.

For full details on becoming a subscriber, volunteer, donor, or any general question about our service, please visit www.NarberthAmbulance.org or call 610-645-7770.

And don't miss our annual Rock N' Ride Bike Race and Community Concert Event in August 2022!





#### **SAFETY TIPS**

- Working smoke alarms are in every sleeping room. They are outside each separate sleeping area. They are on every level of the home.
- Working smoke alarms are interconnected, if possible. When one alarm sounds, they all sound.
- ✓ Portable fire extinguishers are in the home and are easy to reach.
- Working carbon monoxide alarms are outside each separate sleeping area. They are on every level of the home and in other locations as required by laws, codes, or standards.
- ✓ The owner has posted a floor plan. It notes all escape routes and exits and provides emergency contact information.
- Everyone knows the address of the home.
- Everyone staying in the home has identified two ways out of every room and how to escape in an emergency.
- All doors and windows that lead outside are able to be opened.
- ✓ An outside meeting place has been chosen. It is a safe distance away from the home.
- ✓ Everyone knows how to call 9-1-1 or the local emergency number from a cell phone from outside.
- If smoking is allowed, a smoking area has been designated and is well away from the structure. Deep, sturdy ashtrays have been provided.
- ✓ All pathways are free and clear of tripping hazards.
- Electrical outlets are free from multiple cords and adaptors.
- ✓ The stovetop is clear. Anything that can catch fire is not near the stovetop, such as curtains and towels.

#### WINDOW AND DOOR ALERT!

Be on the lookout for rooms with tiny windows. These are too small to serve as a means of escape.

Security bars on doors and windows can trap people in a fire. Make sure any security bars have quick-release devices. Tools, keys, or special efforts should not be needed to open them.

#### **KNOW BEFORE YOU GO**

Peer-to-peer hospitality services are not regulated in the same way as hotels. Requirements vary widely across jurisdictions. Do your homework before making a reservation. Check online to see your travel destination's regulations for rental properties. Ask your host if the property meets the regulations. Discuss other safety concerns you may have.

Check the forecast in case of storms that could cause power outages; assure the property has equipment (batteries, lanterns, etc.) in the event of a power outage.



NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards

### FIRE SERVICES

#### Sprinkler Nights with The Conshohocken Fire Department

**Beat the heat this summer with the Conshohocken Fire Department!** Join us at Mary Wood and Sutcliffe Parks during one of our Sprinkler Nights. Tour the fire trucks, shoot the water hose, and wear your bathing suit! Dates and times TBA on the Borough's website and social media pages.

#### **Home & Fire Safety**

The Conshohocken Fire Department has noticed an increase in electrical house fires due to misuse of power strips. It is important to use power strips correctly. Never use multiple extension cords in one outlet. Overloading outlets, circuits and extension cords by plugging too many things into one area can cause an electrical fire. Avoid potential fires by following these safety tips below:

#### **Electrical and Appliance**

- · Check to ensure that all electrical cords are in good condition and are not broken or cut.
- Clean the lint from your dryer after every use.
- Check to see if all plug outlets are safe and do not feel warm when you touch them. If they are warm, call an electrician.

#### Free Smoke Detectors & Installation

Free smoke detectors are available to resident property owners and may be picked up at Borough Hall (400 Fayette Street, Suite 200, Conshohocken, PA 19428). Supplies are limited to three (3) smoke detectors per household. Residents requiring special accommodations may arrange to have their smoke detectors delivered and/or installed at no charge. Please contact the Fire Chief directly to arrange.

#### **Carbon Monoxide Alarms**

- Put carbon monoxide alarms on each level of the home.
- Make sure carbon monoxide alarms are less than 7 years old.

## Patriotic Spirit Without Fireworks

- Use glow sticks, they glow in the dark and are a safe alternative to a sparkler.
- Loud and proud. Noise makers are sure to make a statement.
- Outdoor movie night. Set up a screen and projector and watch a patriotic movie. Don't forget the bug spray!
- · Red, white, and blue silly string.
- Patriotic crafts
- Throw a birthday party for the USA and don't forget the cake.



#### **Fireworks Safety**

Residents are reminded to use caution when interacting with fireworks. Fireworks, and/or sparklers can cause fires, burns, dismemberment or death if handled improperly. Pennsylvania residents are permitted to purchase and use consumer grade fireworks that contain a maximum of 50 milligrams of explosive material. M-80's, cherry bombs, quarter sticks and any other explosive or incendiary devices with more than 50 milligrams of explosive materials and are strictly prohibited. Furthermore, the use and discharge of all display fireworks, including sparklers, is prohibited on all Borough property and parks.

**Celebrate Safely!** 

## Challing Safety

There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

#### **SAFETY TIPS**

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Weep children and pets at least three feet away from the grill area.
- ))) Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- ))) Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

#### **CHARCOAL GRILLS**

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Note that the control of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container.



#### **Your Source for SAFETY Information**

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

## PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

#### **FACTS**

- July is the peak month for grill fires.
- ! Roughly half of the injuries involving grills are thermal burns.



## **EMERGENCY MANAGEMENT**

#### Emergency Management Coordinator, Z Raymond Sokolowski

Emergency Management supports the development and implementation of the Borough of Conshohocken's emergency operation plans and standard operating procedures in large-scale incidents and events. Emergency Management exists to support our first responders and all emergency personnel. The department consists of Police, Fire, EMS, Borough Administration and Public Services personnel, in combination with our Borough Council.

Emergency Preparedness can start with you. Severe weather can happen anytime, anywhere. This could include hazardous conditions produced by thunderstorms, including damaging winds, tornadoes, large hail, flooding, and flash flooding.

Preparing for Emergencies

Preparing for such hazards; strengthen your home, cut down or trim trees that may be in danger of falling on your home. Consider buying surge protectors to protect your home, appliances, and electronic devices. Make an emergency plan so that you and your family know what to do, where to go and what you will need to protect yourselves from the effects of a hazard.

The Borough of Conshohocken has an Emergency Preparedness Guide to assist you in creating an Emergency Plan. This can be found on our website under departments | emergency management.

**THUNDERSTORMS:** when thunder roars, go indoors! Pay attention to alerts and warnings. Avoid using electronic devices connected to an electrical outlet. Avoid running water. Turn around. Don't Drown! Do not drive through flooded roadways. Watch for fallen power lines and trees.

**EXTREME HEAT:** Extreme heat is a period of high heat and humidity with temperatures above 90 degrees for at least two days or more. In extreme heat your body works extra hard to maintain a normal temperature.

#### **EXTREME HEAT SAFETY TIPS**

- Never leave people or pets in a closed car on a warm day.
- If air conditioning is not available in your home, go to a cooling center.
- Take cool showers or baths.
- · Wear loose, lightweight, light-colored clothing.
- Use your oven less to help reduce the temperature in your home.
- If you're outside, find shade. Wear a hat wide enough to protect your face.
- Drink plenty of fluids to stay hydrated.

- Avoid high-energy activities or work outdoors, during midday heat, if possible.
- Check on family members, seniors, and neighbors.
- Watch for heat cramps, heat exhaustion and heat stroke.
- Consider pet safety. If they are outside, make sure they have plenty of cool water and access to comfortable shade. Asphalt and dark pavement can be very hot to your pet's feet.
- If using a mask, use one that is made of breathable fabric, such as cotton, instead of polyester. Don't wear a mask if you feel yourself overheating or have trouble breathing.

Stay informed through the Borough's Emergency Alert System CodeRED. For more information, please visit our website www.conshohockenpa.gov or contact our Emergency Management team at 484-238-6069.

### **PUBLIC SERVICES**

#### 2022 Holiday Solid Waste & Recycle Collection Schedule

When a holiday falls on a Saturday or Sunday, it is observed on the following Monday. When your trash and recycle collection, day falls on a holiday, your recyclables will be collected on Wednesday and your trash will be collected on your next scheduled collection day.

EASTER MONDAY Monday, April 18, 2022	COLUMBUS DAY Monday, October 10, 2022
MEMORIAL DAYMonday, May 30, 2022	VETERAN'S DAY Thursday, November 11, 2022
JUNETEENTH Monday, June 20, 2022	THANKSGIVING DAYThursday, November 24, 2022
INDEPENDENCE DAY Monday, July 4, 2022	DAY AFTER THANKSGIVING Friday, November 25, 2022
LABOR DAY Monday, September 5, 2022	CHRISTMASMonday, December 26, 2022

Stickers for trash & recycling cart lids are now available at Borough Hall for residents to pick up and use.

#### **Trash & Recycling Cart Updates**

Borough approved containers must be used for all residential trash and recycling, unless other arrangements have been made, and approved, by the Public Services Department. Trash and recycling cans must have 2 wheels, a metal life bar and attached lid. Unapproved containers will be tagged for no future pickups until the residence comes into compliance.

#### Trash Collection Rules and Regulations

- There is a limit of four (4) cans/bags per household per pick-up (200 pounds maximum)
- Each can/bag is not to be heavier than 50 pounds.
- Needles, syringes, lances, and other sharp objects should be placed in a metal container with a secure lid so as not to be a hazard.
- Please place your cans/bags at curbside on your property no earlier than 5:00 PM the night before and your cans must be removed from curbside no later than 7:00 PM the day of collection.
- No clean-outs or move-outs unless prearranged 24 hours in advance. Please call (610) 828-1092.
- No construction debris or carpet unless prearranged 24 hours in advance. Please call (610) 828-1092.
- Trash will be left curbside and 'red tagged' if deemed to be too heavy, improperly placed, or in an unapproved container. Trash that is left should be returned to the property before 7:00 PM.

#### TRASH SCHEDULE

Monday and Thursday – East Side Tuesday and Friday – West Side

#### RECYCLING SCHEDULE

Monday – East Side Tuesday – East Side

#### YARD WASTE SCHEDULE

Wednesday – Entire Borough

#### **HOLIDAY MAKE-UP DAYS**

Wednesday is the make-up day for recycling when a holiday falls on a Monday or Tuesday

#### Conshohocken Is Single Stream Recycling

Single stream recycling allows all your recyclable materials to be placed into one recycling container. The best part is you do not have to separate them! Hence, we get the term 'Single Stream Recycling.' Residents will see trash trucks collecting recyclables. Rest assured recycled materials will go to the recycling facility, NOT the trash-to-steam plant. Recycling carts should be left out before 7:00 AM on collection day, at the front edge of your property or nominated collection point.

For information on proper disposal of hazardous household waste, please visit: https://www.montcopa.org/637/Recycling-Information

#### Yard Waste Collection Rules and Regulations

Yard waste stickers are available at the Borough office to convert your old blue recycle bin into a container for yard waste disposal.

All residences must participate in the Borough's recycling programs by separating their recyclable material from their regular trash. Yard waste is recyclable; therefore, the separation and collection of this material is mandated by the Commonwealth of Pennsylvania and Conshohocken Borough.

- Weeds, leaves, brush, and plants should be placed in biodegradable paper composting bags. Please no trash in these bags.
- Each bag should not be heavier than 50 pounds.
- Tree branches under five (5") in diameter, not exceeding five (5') in length, are to be securely tied into bundles and should not be heaver then 50 pounds.
- Christmas trees. No decorations, tree stands or plastic tree bags.
- Please place your bags, and/or bundles at curbside on your property no earlier than 5:00 PM the night before.

## GRASS CLIPPINGS ARE NOT ACCEPTED WITH YARD WASTE COLLECTION

There are several options for recycling your grass clippings, here are a few ideas:

- Leave on your lawn to act as a natural fertilizer.
- Use them to fill raised vegetable gardens or flower beds.
- Spread them as mulch around the base of trees, shrubs, or potting soil.
- Add them to your compost pile as a source of "green" high nitrogen material.

#### **Snow Removal**

Efficient snow removal helps ensure the safety of our residents, visitors, and those traveling through the Borough. When it snows, Public Services makes every effort to clear all Borough and state roads within six (6) to 10 hours after snow has stopped falling. Public Services utilizes a snow management plan that consists of pre-treating roads with a brine solution and plowing during and after a snowstorm. Please refrain from parking on the street if you have off-street parking available.

#### **Plowing**

Residents with off street parking should refrain from parking on the street so that Public Services can clear more of the road. Cones, lawn chairs or other objects used to reserve parking spaces during a snowstorm are prohibited. Public Services will not stop plowing to remove objects used to reserve parking spaces.

#### **State and Local Roads**

Public Services is responsible for plowing all local and state (PennDOT) owned roads including the Matsonford Bridge, as well as train station cross walks within the Borough of Conshohocken. SEPTA is responsible for clearing snow from the train station and all steps and/or staircases accessing the train station.

#### **Declared Snow Emergency**

When the Mayor declares a snow emergency, residents are required to remove their vehicles from any of the Snow Emergency Routes designated below. During a declared snow emergency parking is restricted in these areas and vehicles may be towed.

#### **Snow Emergency Routes**

• Fayette Street, both sides from the Conshohocken Borough line to the bridge.



- The south side of Freedley Street from 12th to 11th Avenues.
- · Poplar Street from Elm Street to Washington Street.
- East First Avenue (Harry Street to Fayette Street)
- West First Avenue (Fayette Street to Forrest Street)

#### **Snow Removal Reminders for Residents**

- Residents should clear their sidewalks after plowing has been completed.
- It is illegal to shovel, throw or plow snow from sidewalks onto street parking, driveways, allies and into the street or right-of way.
- Please use caution while shoveling heavy, deep snow from your property.
- A 3-foot-wide path on the sidewalk must be cleared on your property within 24 hours after the snow has stopped. Don't forget your crosswalks, handicapped ramps, and alley crossing. The Borough does not plow snow in alleys.
- Dumping snow or ice on Borough property or plowing snow across a street is also prohibited.



#### 2022 Spring & Summer Rowing Opportunities

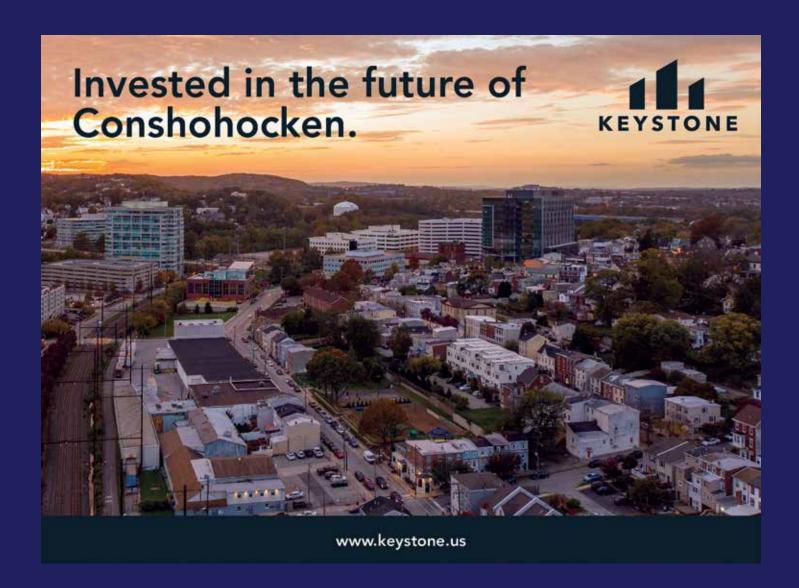
Spring Youth Weekend Program, ages 13-17, starts this March. Competitive Summer Junior Program and Summer Learn-to-Rows camps. Private Lessons and more. Visit our website or email. Register Today!

Go CRC!

Be sure to ask about Conshohocken Resident Discounts



rowingcrc@gmail.com





The borough would like to thank the businesses that appear in this newsletter and recognizes each of them as contributors to our community. Thanks to their advertising support, this newsletter has been produced at no charge to our residents.

## **LICENSES & INSPECTIONS**

Licenses & Inspections is responsible for the administration and enforcement of Borough ordinances, along with Federal and State building codes. These ordinances may pertain to building, zoning, land development, housing, and property maintenance.

It also responds to citizen complaints concerning property maintenance (lawn maintenance, snow removal, etc.); construction project inspections; apartment inspections; curb and sidewalk inspections, and applications regarding building projects. Licenses and Inspections issues permits for Use and Occupancy, repairs, replacements, additions, and new installations of boilers, roofs, etc.

Licenses and Inspections works closely with the Police Department and the Borough's Fire Marshal in the resolution of health and safety issues as well as residential nuisance complaints on a day-to-day basis.

#### **DEPARTMENT STAFF**

#### Z Raymond Sokolowski

Executive Director of Operations, Emergency Management Coordinator, Building Code Official

#### **Bobbi Jo Myrsiades**

Operations Administrative Assistant

#### **Michelle Summers**

Licenses and Inspections Administrative Specialist

#### **Christopher Small**

Senior Building Inspector

#### **Kristen Davis**

Code Enforcement Officer & Rental Property Inspector

#### **Matthew Traynor**

Commercial Building Inspector

#### **Frequently Asked Questions**

#### Do I need a permit for ...?

Any work beyond a basic repair or a non-structural alteration may require a building permit issued by the Borough's Building Code Official for both residential and commercial properties. The best course of action is to contact the Borough at (610) 828-1092 and ask a building inspector if a permit is required for your project. Be prepared to provide a detailed scope of work for the project and identify the property as residential or commercial. Change in use may require zoning approval.

#### Am I responsible for maintaining the alley behind my house?

Yes. Typically, the property owners on each side of an alley are responsible to maintain to the center of the alley for the width of each respective property. This includes the alley pavement surface (e.g. potholes), as well as grass, weeds, trash, etc., that may be found in an alley, regardless of how it ended up there. Weeds on the other side of your fence along the alley are still part of your property, and therefore your responsibility to trim and/or spray. The Borough does not plow snow in alleys.

#### Why does the Borough need to inspect the home I'm selling?

Borough Ordinance Chapter 11, Part 1 governs Transfer of Real Estate and Real Estate Certification. Per §11-111, anyone selling a property in the Borough is responsible to certify that there are no uncorrected violations of any housing, building, zoning, and safety or fire codes. The Borough performs an inspection based on a Real Estate Certification Checklist, which was adopted by Borough Council and records any apparent violations. It is required that all violations be corrected prior to settlement, or the responsibility to correct said violations may be transferred to the buyer, who will have 12 months to complete the work. The terms of such a transfer are private and fall outside of the Borough's authority.

#### Where exactly is my property line?

Absent physically apparent monuments or property corner pins, the Borough cannot independently verify property lines on behalf of private property owners. Property owners are encouraged to engage a Professional Land Surveyor to prepare a site plan and physically set corner markers. This information is useful for locating potential property improvements such as fences and garages, laying out additions to the primary structure, and to satisfy property line disputes, if necessary.

## LICENSES & INSPECTIONS CONTINUED

#### Residential Rental License Permit

A rental property is considered, any dwelling, including but not limited to a house, townhouse, row house, duplex, twin, apartment, condominium, rooming house or mobile home, and any building containing any such units, from which the owner derives income or any other consideration from persons residing at such dwelling, as evidenced by a written or oral contract, lease, sublease or agreement. A rental property has an occupancy that occurs for a period of 30-days or more. Full Residential Rental Permit License information can be found on our website under resources | Borough Code of Ordinances | Chapter 11 | Part 2.

\*\*Per the Conshohocken Borough Code, the rental of a residential property for a period less than 30-days constitutes transient lodging and is not a permitted use at the referenced property. Therefore, the operation of a short-term residential rental (transient lodging) use constitutes a zoning violation.

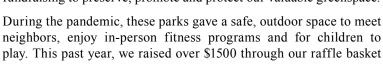
- All owners of rental properties in the Borough of Conshohocken are required to submit a rental application, on or before April 15 of each calendar year, for the issuance of a residential rental license permit. A separate application is required for each rental property. Application Renewals will need to be completed each year.
- At the time of application, submit all applicable fees, provide a list of tenants; and a completed Borough earned income tax form or an affidavit attesting to the fact that the tenant is not employed.
- The tenant list shall be updated any time that a change of tenant occurs during the term of the residential rental license permit. Failure to update the tenant list will constitute a violation
- Every application will have an initial property inspection completed by the Borough's Rental Property Inspector. Bi-Annual Inspections will be conducted thereafter.
- Residential rental properties in the Borough of Conshohocken are required to have house numbers installed and maintained on the front and rear of dwelling structures used for residential rental unit(s). The house numbers required by the ordinance must be installed before a residential rental license may be issued or renewed.

For more information related to services provided by the Borough of Conshohocken please visit our website: www.conshohockenpa.gov.

## FRIENDS OF CONSHOHOCKEN PARKS



A century ago, Conshohocken resident Mary Yerks Wood donated her house and land to become Mary Wood Park. Today, it is one of eight parks in the borough, which attracts visitors to our community from surrounding neighborhoods and counties. The Friends of Conshohocken Parks continues the legacy of Mary Wood through fundraising to preserve, promote and protect our valuable greenspace.





fundraisers at the Conshohocken Arts Festival & Car Show and Conshohocken Fun Fest. We also raised additional funds through Kona Ice Truck at the Summer Concert Series and through t-shirt sales. As the weather warms, we look forward to returning to these events again!

"As a resident of the borough, I know how much we love our parks", says Holly Holst, member of the Friends of Conshohocken Parks. "Every season, on a nice day, I see the parks full of children of all ages, enjoying the playgrounds and participating in sports. Parents mingle, couples stroll, lawns and benches provide individuals relaxation and reflection. We are our parks."

As you continue to enjoy the parks, consider how you can ensure their longevity. Through Amazon Smile, you can donate every time you shop online. Since becoming an Amazon Smile non-profit, we've raised over \$100 with a donation of .5% of each sale from customers supporting our charity. Go to Amazon Smile today and add us as your official beneficiary. Individual donations are accepted any time at Conshohocken Borough Hall or through our Venmo account @friendsofconshohockenparks. Find us on Facebook to stay up to date with our fundraising events such as restaurant give back nights and raffles!

Beyond monetary donations, consider donating your time and helping our fundraising efforts. We are actively seeking volunteers and new members to our board for 2022. Our meetings take place the second Tuesday of each month at Conshohocken Borough Hall at 6:00 PM. Please reach out to our email address at FriendsofConshohockenParks@gmail.com to inquire about these opportunities.



#### 2022 SUMMER CONCERT SERIES

The Borough of Conshohocken will host six (6) outdoor music concerts, which will take place at Sutcliffe and Mary Wood Parks. Concerts will be held on Thursdays from 7:00 PM to 9:00 PM. Don't forget to bring your own blanket or lawn chair!

Limited off-street parking at Sutcliffe Park can be accessed from W. 10th Avenue and Freedly Street. On-street parking is also available surrounding the park. On-street parking only is available at Mary Wood Park.

CHECK THE BOROUGH'S WEBSITE AND SOCIAL MEDIA OUTLETS FOR ANY UPDATES REGARDING CANCELLATIONS DUE TO WEATHER CONDITIONS.

#### **Mark Your Calendar!**

SUTCLIFFE PARK

MARY WOOD PARK

July 7th - The Paul Moore Band

July 14th - Montoj

July 21st - The Mango Men

July 28th - The Flathead Band

August 4th - Where's Pete Band

August 11th - The Boatloads

## **RECREATION SERVICES**

## Live, Work, Play!

Creating Community Through People, Parks and Programming!

Welcome to the Department of Recreation Services. Our department's mission is to "enhance the quality of life for all residents through physical, mental, cultural, social and environmental development."



2021 was year to remember for our Recreation Services Department. We saw an increase in program participation with new programs such as First Notes, Chair Yoga, Paint & Play and the demand for established programs such as Soccer Shots, Gymnastics, and Purposeful Play. Our 3rd year of summer camp also saw its highest numbers, yet! This year, our department partnered with Yoga Home to offer yoga in the park and then in-person classes at the Community Center at the Fel. Last, we introduced the outdoor fitness court at Sutcliffe Park to our residents. We hope that when the weather breaks, you're able to utilize this wonderful amenity!



## RECREATION SERVICES CONTINUED

#### **Recreational Facilities**

Looking for a location for your next event? Check out our facilities available for rent. For a complete fee schedule and list of available buildings, parks and amenities please visit us at www.conshohockenpa.gov.

- The Community Center at the Fellowship House
- · Mary Wood Park House
- Mary Wood Park
- · Sutcliffe Park

- · Aubrey Collins Park
- 2nd Avenue Meadows
- · A-Field
- · B-Field

#### Conshohocken Riverside Dog Park

The Conshohocken Riverside Dog Park is scheduled to be reconstructed in 2022 after it was damaged by Storm Ida. We are excited to be open and operational for our dog park members since Storm Ida hit. Information on memberships will be available at a later date.

#### **Memberships**

Daily, monthly and annual passes are available! SIGN UP NOW! Purchase or renew a Community Center at the Fel membership today! For memberships and pricing, visit www. conshohockenpa.gov or contact us directly at 610-828-3266.

## **2022 Recreation Services Special Events**

Make sure you mark your calendar for these Recreation Services special events!

#### 59TH ALBERT C. DONOFRIO CLASSIC

March 28, 2022 – April 19, 2022 7:00 PM & 8:30 PM

#### **EASTER EGG HUNT**

April 9, 2022 | 10:00 AM - 12:00 PM

#### SUMMER CARNIVAL

June 12, 2022 | 12:00 PM - 2:00 PM

#### MOVIES IN THE PARK

June 24, 2022 & August 12, 2022 | Dusk

\*Dates may be subject to change. Call the Community Center at the Fel for more info or check the Fall/Winter Recreation Services Activity Guide.



## HERE'S HOW TO REGISTER FOR CLASSES, PROGRAMS & EVENTS!

Creating Community Through People, Parks, & Programming

1

#### **REGISTER ONLINE**

Go to https://conshohockenrsp. recdesk.com. To register online, a credit card is needed. Prior to registering for any activity you must first create a customer account through the RecDesk Community Portal.

2

#### REGISTER OVER THE PHONE

Call us at 610-828-3266. To register over the phone, a credit card is needed. If you do not already have an online account, one will be created for you.

3

#### **REGISTER IN PERSON**

Visit us at the Community Center at the Fellowship House, located at 515 Harry Street, Conshohocken, PA 19428. Cash checks, and credit cards are accepted in person. If you do not already have an online account, one will be created for you.

Questions? Give us a call at 610-828-3266. Cash, credit cards, & checks accepted.

## FITNESS

#### **Group Fitness**

The following group fitness programs are FREE with a Community Center Membership. Registration is not required. Classes are ongoing throughout the year.

- Active Fitness (62+) Mondays, Thursdays
- . H.I.I.T with Eileen (18+) Wednesdays
- Cardio & Core (18+) Fridays

The following group fitness programs are offered at an additional cost. Registration is required. Please check the Recreation Services Activity Guide or website for session dates, times, costs.

- Cycle
- Kick + Core
- Barre Intensity
- Pilates

**Yoga with Yoga Home** – The Recreation Services Department is pleased to partner with Yoga Home for indoor in-person classes. Schedule is as follows:

Monday - 6:00 PM Power Flow Yoga

Monday - 7:15 PM New to Yoga

Wednesday - 6:00 PM Vinyasa Yoga

Saturday - 9:00 AM All Levels Yoga

Sunday - 10:00 AM Gentle Yoga

Community tiered pricing of \$10/\$15/\$20 (community tiered pricing allows the individual to select the pricing option most appropriate for them; \$15 pays for yourself, \$10 is discounted, \$20 pays for you and supports another community member).

To register, visit www.ouryogahome.com/schedule.

Seeking Instructors/Program Providers

We are looking for responsible new program instructors/providers with innovative and creative ideas especially for fitness. Classes can be continuous (ex. 4 weeks) or a one-time workshop. Please contact Lauren Irizarry at lirizarry@conshohockenpa.gov if interested.

#### **Open Gym**

The Community Center has open gym times based off the daily schedule. For information on the daily schedule, you can contact the Community Center at the Fel at 610-828-3266 or you can view it at https://conshohockenrsp.recdesk.com/Community/Calendar. Please note that some reservations may be private and not included on the schedule.





#### **Silver Sneakers and Prime**

The Community Center at the Fel is a participating member of Silver Sneakers and Prime. Take advantage of this great opportunity and sign up today!



#### PROGRAMMING - ACTIVE OLDER ADULTS (62+)



#### Bingo Hosted by the St. Matthew's Seniors

- Monday mornings beginning January 10, 2022
- Days/ Time: Mondays mornings at 10:00 am

## RECREATION SERVICES CONTINUED

#### **PROGRAMMING - ADULTS**





#### **Corporate Lunch Time Basketball**

- Tuesdays & Thursdays | 12:00 pm 2:00 pm
- Members: Free | Non-Members: \$5

#### **Sunday Morning Basketball**

- Sundays | 9:00 AM 11:00 AM
- Members: Free | Non-Members: \$6

#### Spring/Summer Men's Basketball League

- Beginning May 2, 2022
- For more information, contact Tom Brady at 610-828-3266 or tbrady@conshohockenpa.gov.

#### Pickleball

- Wednesdays & Fridays, 10:00 am 12:00 pm
- Call for availability on other days
- Members: Free | Non-Members: \$2

#### **Infant CPR Class**

- Saturdays -2/26, 4/30
- 11:00 AM
- Tuesdays -3/1, 5/3, 7/26
- 6:30 PM
- Infant CPR training will give individuals the skills necessary to prevent, recognize and provide basic care for emergencies in infants until advanced medical personnel arrive. This is a noncertification class led by Anthony Wiencek of Emergency Training Partners.
- Fee: \$5 Resident | \$10 Non-Resident

#### **PROGRAMMING - YOUTH**

Below is a list of spring and summer programs! For full program details including location, price, time, age group and min/max enrollment, please visit us at http://conshohockenrsp.recdesk.com or check our spring/summer activity guide. Our friendly front desk staff is also happy to assist you with registration or any questions pertaining to our facilities and programs.

#### **Programs**

First Notes (Infant-4) Gymnastics w/ Reflex Sports (Ages 1.5-Kids Yoga with Yoga Home (Ages 4-9) Paint & Play (Ages 1.5-5) Purposeful Play (Ages 6 mo-5) Reds Camp (Ages 6-14)

Soccer Shots (Ages 2-8)









**Note:** Programs will only run if the minimum enrollment figure is satisfied. **Register today so that these fun and exciting programs are not canceled.** Cancellations will occur 5 days prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program beginning, will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to thirty (30) business days to process. Cash, credit, check or money orders are accepted. Register online or in-person and pay at the Community Center at the Fel! There will be a 2.65% charge on all credit card transactions. Dates may be subject to change.

## Summer Camp

The Borough of Conshohocken Summer Day Camp is back for another season of summer fun! Designed for campers ages 6-12 years old, the Conshohocken Summer Day Camp engages campers in a wide variety of recreational activities. Offering eight one-week sessions each with a unique theme, campers will participate in weekly field trips, swimming, arts and crafts, traditional camp games, and more! Camp is housed at the Community Center at the Fellowship House which features a recreational facility and an outdoor play area at Mary Wood Park. Regular camp hours are from 9am-4pm, with an option for extended day available with registration.

## 2022 Camp Dates: June 20 - August 12

Registration will begin January 10, 2022. Register prior to March 1, 2022 for an early bird discount. Payment plans are available.



#### **OBVIOUS CHOICE SPORTS**

Schools Out Day – Friday, February 18, 2022

**Parents** – Are you looking for Days Off, Winter Break Camps, and other sports programs? A safe and fun environment is provided where youth of all skill levels will learn to play sports and play for fun! Activities include basketball, dodgeball, floor hockey, soccer, dance competitions and more!



#### **Sports Camp**

- August 15-18 & August 22-25
- Ages K-6 grades

This multi-sport camp offers youth of all skill levels a safe opportunity to play and play for fun! Campers will be introduced to a variety of sports including basketball, soccer, dodgeball, flag football, lacrosse, floor hockey, kickball, dance-offs and more. Join us for end of summer fun.

Register today for Schools Out or Sports Camp with Obvious Choice Sports at www.obviouschoicesports.com!



#### **DISCOUNT TICKETS**

The Recreation Services Department in conjunction with Pennsylvania Parks & Recreation Society (PRPS) will be selling discount tickets. Amusement Park tickets including Hershey Park, Dorney, Park, Philadelphia Zoo, Adventure Aquarium, Diggerland, Morey's Pier, etc. will be available for the spring and summer.

## RECREATION SERVICES CONTINUED

#### **ACTIVITY GUIDE & NEWSLETTERS**

Make sure to check our Spring/Summer Activity Guide for session dates, times, cost, and more information. Electronic newsletters are also sent monthly with our happenings! To sign up, visit www.conshohockenrsp.recdesk.com.

#### **STORY WALKS**

This past year, the Department of Recreation Services and the Conshohocken Free Library in partnered with the Friends of Conshohocken Parks to present a Pop-Up Story Walks in Mary Wood and Sutcliffe Parks

A story walk is a fun and educational activity that allows children and adults to enjoy reading and the outdoors at the same time.

We are looking forward to continuing that partnership in 2022. Look for featured a featured Story Walk in the late spring!



# WHEN YOU'RE WASHING YOUR CAR IN THE DRIVEWAY, REMEMBER YOU'RE NOT JUST WASHING YOUR CAR IN THE DRIVEWAY.



All the soap, scum, and oily grit runs along the curb. Then into the storm drain and directly into our lakes, streams and into coastal waters.

And that causes pollution which is unhealthy for fish. So how do you avoid this whole mess? Easy. Wash your car on grass or gravel instead of the street. Or better yet, take it to a car wash where the water gets treated and recycled.

If you have questions regarding storm water, please contact your municipality or Pennsylvania Department of Environmental Protection's Regional Office. For general questions, you may also contact DEP's Bureau of Water Management at (717) 772-5661 or visit www.dep.state.pa.us. Thanks to the Washington State Water Consortium for permission to adapt and use this poster

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